TINTED LIP BALM + SUN Protection

by Kim Werker

Supplies

-
- kitchen scale

small saucepan

Pyrex measuring cup (1-2 cup size)

silicone spatula

small bowl

10 lip balm tubes

Ingredients

8g beeswax

5g cocoa butter

4g shea butter

5g argan oil (optional)

16g sweet almond oil (or olive oil)

1g vitamin E oil (optional)

3g castor oil (optional)

6g zinc oxide

spearmint or peppermint essential oil (optional)

carmine dye or iron oxide in desired hue

Note: See instructions for compensating for leaving out any optional ingredients.



Instructions

<---- See supplies and ingredients list in the sidebar.

Fill the small saucepan with a couple of inches of water, and start heating on medium-low.

Into the glass measuring cup, add beeswax, cocoa butter, shea butter, argan oil and sweet almond oil. (If not using argan oil, just use 5g more sweet almond or olive oil. The idea is to use a total of 21g of oil that's liquid at room temperature.)

Place the measuring cup into the saucepan. Stir occasionally while the wax and butters melt. (The wax will be the last to melt.)

While that's going, in the small bowl combine the vitamin E oil, castor oil and zinc oxide (if you aren't using vitamin E oil and/or castor oil, sub in the same liquid oil you're already using - olive, sweet almond, etc. - so that

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About the Maker

<u>Kim Werker</u> is like a camp counsellor for grown-ups, helping people have way more fun making stuff and getting in touch with their creativity. She teaches crochet at <u>Craftsy</u> and hosts her own <u>online classes</u>. Her latest book is <u>Make It Mighty</u> <u>Ugly</u>. Follow along with her creative adventures on her blog, <u>Instagram</u>, <u>Facebook</u>, <u>Twitter</u>, <u>YouTube</u> and <u>Pinterest</u>!

Look for her Friday email newsletter!

you're adding a total of 4g of oil to the zinc oxide). Stir into a paste. Now add the tint in small increments until the hue and saturation are to your liking. (Shown here: the pinkest tubes contain a smidge of burgundy iron oxide and about 30 drops of liquid carmine dye; the browner tubes contain about a teaspoon of burgundy iron oxide.)

When the waxes and butters are fully melted into the liquid oils, remove the measuring cup from the pot and place on a heat-proof surface.

Quickly stir in the zinc oxide/tint mixture, mixing thoroughly (quickly because as the oils cool, they'll start to harden – if that happens, no worries! Just put the measuring cup back into the saucepan to remelt everything).

If you're adding essential oil or flavour oil, add that in now (I used about 8 drops of spearmint essential oil), and stir well.

Pour everything into lip balm tubes.

Let the tubes cool thoroughly before using.



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